


# A Practical Method for Violin (Part One)

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**Practical Method for the Violin**  
BY NICOLAS LAOUREUX  
**PART I**

↳ Down-bow, √ Up-bow


When the bow touches the string for the down-bow, at the nut, the wrist should be slightly raised, and gradually lowered as the bow travels towards the point; when the point is reached the wrist should be on a level with the forearm. (See Figs. III and II.)



The teacher will have noticed during this exercise that the pupil tries to describe a horizontal line, but finds it difficult to draw his bow straight, that is to say, parallel to the bridge. It would be dangerous to allow the pupil to guide his bow unaided at the outset. The teacher should guide the bow by the screw, and lightly bear with his left hand upon the pupil's elbow, which will oblige the latter to play with his elbow close to his side, and to raise his wrist slightly on the up-bow.

Little by little, as the pupil allows the bow to be guided without stiffness, he may be left to play unassisted.

In passing from *g* to *D*, the pupil, during the rest, should slightly lower wrist. (For the *D*, *A* and *E* strings the elbow must be close to the side.)



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